

INCREASE YOUR BIRTH WISDOM! COME TO
Eugene, Oregon · March 27-31, 2003
Midwifery Today Conference

Main photo by Caroline Brown, other photos by Patti Ramos



Register early
and save!

Learn from some of the best birth teachers

- Robbie Davis-Floyd
- Naolí Vinaver
- Michel Odent
- Marsden Wagner
- Lisa Goldstein
- Anne Frye
- Elizabeth Davis
- Yeshi Sherover Neumann

Choose from informative classes

- Herbs for Pregnancy and Birth
- Prolonged Labor
- Breeches and Twins
- Shoulder Dystocia
- Massage for the Childbearing Year

Midwifery: With Woman

This conference shows the spirit and energy of midwifery is alive and well!
—Eugene 2001 conference attendee



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• (800) 743-0974 www.midwiferytoday.com
E-mail: conference@midwiferytoday.com

Welcome!

Please join us at this exciting conference in Midwifery Today's hometown. Eugene is always a wonderful place for a conference. It is so many shades of green, and the mountains and ocean are right in our backyard. We have put together an exciting program on a most important theme of being with women—our calling. The conference is designed to fill you with new ideas, techniques and knowledge to consider, and we always stress networking and interactive-sharing of your ideas. We also

plan to have a lot of fun singing and dancing. Our hope is to nurture and fill your birth soul. Whether you are a beginner or a seasoned birth professional, a mother, a physician or both, this conference is for you. Welcome. Join us for refreshment, insight and inspiration.

Jan Tritten

LOVE jan tritten
Mother of Midwifery Today

Mothers Deliver Their Babies... Midwives Deliver Care...

Midwifery Today Delivers Insight and Information.



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Upcoming Midwifery Today Conferences

Mexico

*Honoring the Traditional Midwife
in the Americas*
Autumn, 2003



Paris, France

International Midwifery: Sharing Ideals
November 6-10, 2003



Thursday ♦ ♦ Pre-Conference ♦ ♦ March 27

8:00 am–5:30 pm Full-day class

A1 ► Beginning Midwifery—*Patricia Edmonds, Maryl Smith, Gail Hart, Eneyda Spradlin Ramos, Jill Cohen*

An introduction for the aspiring midwife. Learn the basics of normal pregnancy, birth and postpartum care. Discover if midwifery is for you.

8:00–9:00 AM The Art of Midwifery—*Patricia Edmonds*

9:00–10:00 AM Normal Labor Physiology—*Maryl Smith*

10:10–11:10 AM Prenatal Care—*Gail Hart*

11:15 AM–12:15 PM Life of a Student: Creating Balance—*Eneyda Spradlin Ramos*

1:00–2:00 PM Emotional Issues in Labor—*Jill Cohen*

2:10–3:10 PM Midwifery: With Woman—*Patricia Edmonds*

3:25–4:25 PM Anatomy of a Birth Bag—*Maryl Smith*

4:30–5:30 PM Trusting Yourself to Trust Birth—*Eneyda Spradlin Ramos*

8:00 am–12:00 pm Half-day class

A2 ► Anthropology of Midwifery—*Robbie Davis-Floyd*

This seminar will give you a fascinating overview of recent findings from social scientists studying midwifery and birth around the world. Recurrent themes include the establishment of professional midwifery, midwives' roles in the medical hierarchies established by colonial systems all over the developing world, disagreements over appropriate routes to midwifery education, the problematic relationship between nursing and midwifery and the shifting identities and role transformations experienced by what Davis-Floyd has called "postmodern midwives."

1:00 pm–5:30 pm Half-day class

Serving Women in Hospital Births—*Marion Toepke McLean, Robbie Davis-Floyd, Lisa Goldstein and Marsden Wagner*

Learn how to create a nurturing environment for women at hospital births. Study the issues, obstacles and concerns. Plan strategies that protect and nurture women.

1:00–2:00 PM Anthropology of Hospital Birth—*Robbie Davis Floyd*

2:00–3:00 PM What is Appropriate Technology?—*Marsden Wagner*

3:15–4:15 PM Working Under Restraint—*Marion Toepke McLean*

4:30–5:30 PM Strategies for Serving Women in Hospital Births—*Lisa Goldstein and Marion Toepke McLean*

9:00 am–5:00 pm Full-day class

A3 ► Beginning Spanish for Midwives, Doulas and Childbirth Educators—*Naoli Vinaver*

Childbirth practitioners are finding it necessary to learn "birth" Spanish in order to effectively serve the entire population of their communities. Join Naoli, a native of Mexico, in this participatory presentation that will assist you in learning correct pronunciation. You will learn a visual and auditory approach, as well as cultural information that is essential to the practitioner.



Eneyda Spradlin Ramos and Jan Tritten

9:00 am–5:00 pm Full-day class

A4 ► Improving Your Practice with Research, Insights and Realities—*Michel Odent*

Michel will teach us how to look at birth through the eyes of a physiologist, which is a valuable asset to any midwife. In an easy-to-understand manner, he will cite important findings from many areas of research and explain how this information can affect mothers and babies, not only during birth, but also over the course of their lives. "I learned more in this seven-hour class than I have in any other class I have attended during my 25 years as a midwife," says Jan Tritten. There will be time for questions, answers and discussion following the presentation of leading edge research and analysis of current problems. You will do yourself and your clients a big favor by taking this fascinating class. Michel will bring us insights from his new book, *The Farmer and the Obstetrician*. If we as practitioners used this book as the bible for better birth, it would improve the foundation for the health of mother and baby and of society.

5:30 pm–7:00 pm Open to all registrants

Christian Midwives Meeting—All are welcome—*Facilitated by Maryl Smith and Jan Tritten*

8:30 pm–10:00 pm General session

Talk Story—*Facilitated by Yeshi Sherover Neumann*

Friday ♦ ♦ Day One ♦ ♦ March 28

9:00 am–10:20 am Opening general session

Midwifery Means With Woman

—*Jan Tritten, Naoli Vinaver and Yeshi Sherover Neumann*

Let us be with the women we serve, united in focus, committed to her ultimate experience. We are more than aides or observers. Let us be careful to avoid controlling or intrusive "management." Heart-centered midwives walk in the very footsteps of the generations of women who have tread before them. Join us as we ponder what midwifery really means.

10:30 am–11:30 am General session

Personalized Care—Each woman is unique

—*Naoli Vinaver, Eneyda Spradlin Ramos and Patricia Edmonds*

Don't let technology make you lose your hands-on skills. Our hands and senses are our best tools. These speakers will explain the true art of hands-on care, including the why, what and how of working with women in a way that utilizes our hands, senses, intuition and the ability to observe. They will also cover the uniqueness of each birthing woman and how to work positively with that.

1:00 pm–2:30 pm Concurrent sessions B1 through B4

B1 ► With-Woman Care in a Hospital Practice

—*Yeshi Sherover Neumann*

Can birthing women experience ecstasy and empowerment in the hospital? Must midwives dilute quality of care in this environment? Much depends on the vision, integrity and preparation of the midwife and family. Come join Yeshi in

this important subject. She has created a practice called “Homestyle Midwifery Care.” After 25 years as a homebirth midwife, she has successfully taken this kind of care into a hospital practice.

B2 ► With-Woman Care in a Birth Center—Jennifer Gallardo

Jennifer had a birth center in Guatemala for five years. When she moved to Portland, Oregon, she started another birth center. Learn how she did it. Learn about the care they give at analyzing and some unique call schedules that prevent midwife burnout. With-woman care extends to midwives in this practice as well.

B3 ► Technology as a Threat to the Normal Birth Process

—Marsden Wagner

Marsden will explore the reasons for and the negative consequences of the inappropriate or excessive application of technology—drugs as well as instruments, machinery and surgery—in birth. He will also explore the continuing search for new and profitable uses of technology in birth that take a society down a dangerous path. Scientific research is as important as clinical experience in today’s world. Learn about your role in the protection of pregnant and birthing women and how current research actually supports the use of less intervention at the very time that intervention is increasing in all aspects of birth. Discover what you can do in your own sphere of influence to establish the appropriate and careful use of technology.

B4 ► Prolonged Labor—Gail Hart

Long labors may be associated with complications ranging from social or emotional issues to physical problems. You’ll learn different reasons for prolonged labor and protracted labors, as well as methods for helping women move along in labors. How do we get a long labor to progress? Compare the midwifery model with the medical model and share techniques for resolving problems at home or in the hospital.

2:45 pm–4:15 pm

Concurrent sessions C1 through C4

C1 ► Waterbirth Practice, Practicalities and New Discoveries

—Cornelia Enning

Cornelia will explore the many benefits and ways of using water in birth and will discuss its unique properties—psychological as well as physical. She will address concerns about water labor and waterbirth and its potential risks. She will report on clinical findings and current research and models from various places around the world, as well as share with us their hands-on experience with this timely subject.

C2 ► Practical Midwifery Techniques from Mexico

—Naolí Vinaver

It is fascinating to observe cultural traditions and their impact on pregnancy and birth. Naolí will discuss nutritional aspects, positioning, remedies, techniques and customs from Mexico. She will discuss the importance of healing touch, Mexican style, as a preventative tool and safe remedy for the pregnant body. You will learn how to turn malpresentation including posterior using a rebozo. The rebozo is a very useful tool in all parts of the childbearing cycle. Come learn how to use it.

C3 ► Breeches and Twins—Michel Odent

Learn the art and science of breech birth. Learn what factors may lead to breech presentation and when external version is contraindicated. The mechanism of normal breech birth, as well as the mechanism of a stuck breech and techniques for handling both will also be discussed. Michel has vast experience with twin deliveries. He will discuss strategies for safe birth, including positioning, time of delivery, premature delivery and avoiding postpartum hemorrhage.

C4 ► Tear Prevention and Alternatives to Suturing—Anne Frye

What happens if you leave a second-degree tear unstitched? Learn about the technique of using super glue instead of stitches. Scientific analysis and updates on this subject will be covered. Learn ways to facilitate healing with herbal baths and poultices and how to prevent tearing in the first place.

4:30 pm–6:00 pm

General session

Midwifery Models That Work—Ideas from Around the World

—Marsden Wagner, Jan Tritten, Robbie Davis-Floyd and Mary Zwart

There are many ideas and models from around the globe that we can use to improve our own individual and organizational ways. Join us as we go around the world and share wonderful examples from Trinidad, Japan, Mexico, Europe, the United States, the Dutch model and more. We will present tools you can use. We hope you will find many applications to your own situation.

8:00 pm–10:00 pm

General session

Tricks of the Trade—Facilitated by Jill Cohen

A round-table of pertinent tips on a wide variety of topics, from facilitating effective contractions and preventing prolonged labor to preventing perineal tears, from helping the slow-to-start baby to first aid alternatives to drugs. This always is a much-appreciated session, for its sense of sisterhood as well as its information. “Worth at least two weeks of academic training,” says a participant.

10:00 pm–???

General session

Birth Stories—Facilitated by Gail Hart and Patricia Edmonds

Telling birth stories and sharing personal experiences of strength and healing have from the beginning of societies been a way of transmitting wisdom and confidence as well as trust in the process and love for each other. Every Midwifery Today conference includes this circle, replicating the traditional women’s circle around the fire. Come to share or just to listen. It’s a great way to end the day.

Saturday ♦ ♦ Day Two ♦ ♦ March 29

8:30 am–10:00 am

General session

What is Happening with Cesarean Section Worldwide— How and Why Should We Prevent Cesareans?

—Marsden Wagner, Marion Toepke McLean and Michel Odent

Explore the overuse of cesareans in the United States and other countries. Learn who is prone to this procedure and how to prevent its unnecessary use. The danger to the baby can no longer be hidden from the woman. The dangers to the mother extend from death to decrease in fertility to more likelihood of permanent damage to the organs. The long-term dangers to the woman’s body, mind and spirit cannot be underestimated and must be scrutinized.

10:30 am–12:00 noon

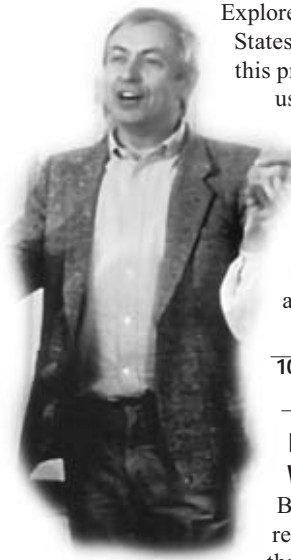
Concurrent sessions

D1 through D4

D1 ► Sex, Love and Hormones:

What’s It All About?—Elizabeth Davis

By popular demand, Elizabeth Davis returns to more deeply address sexual issues throughout a woman’s lifecycle. This workshop



Michel Odent

reveals the cultural and hormonal underpinnings of sexual changes by decade, and explores the crucial role of the Blood Mysteries—menarche, birth and menopause—in sexual self-discovery. Includes new information on the little-known hormone DHEA, testosterone deficiency in menopause (and what to do about it), impacts of the Pill on pheromone production and libido, and updates on oxytocin and the bonding response. Learn more about the essential differences in male and female brain structure and how these influence patterns of intimacy and desire. The workshop blends activities of journaling, small group interaction and general discussion, and features material from Elizabeth's most recent book, *Women's Sexual Passages: Our Search for Pleasure and Intimacy at Every Stage of Life*.

D2 ► Shoulder Dystocia—Holly Scholles

Prepare for the possibility of shoulder dystocia and learn mechanisms to aid you in the event that it occurs. You will become well-informed about aspects of shoulder dystocia, including causes, incident rates, prevention and solutions. It doesn't happen often, but when it does, you'll be ready. Holly has discovered some very new information.

D3 ► Newborn Assessment and Care—Anne Frye

Sharpen your skill in handling the newborn. Learn how to assess and then how to handle newborn complications, including how and when to transport. Anne's classes are always evidence-based and full of updated information.

D4 ► Practicalities in Midwifery: Billing and Charting

—Jennifer Gallardo

Learn successful techniques for billing insurance companies for coverage as an empirical or nurse-midwife. You will get a clear understanding of what it takes and why it is important to maintain accurate documents of your births. Jennifer will show you how to prepare your charts so they would qualify as accurate legal documents if necessary.

1:30 pm–3:30 pm

Concurrent sessions E1 through E4

E1 ► Midwifery Education Forum

—Holly Scholles, Elizabeth Davis, Polly Malby, Lynn Hughes

Representatives from several schools will discuss their philosophy of education and tell you about their schools and programs. This class is of utmost importance to anyone considering a midwifery career whether as a student or teacher.

E2 ► Massage for the Childbearing Year

—Eneyda Spradlin Ramos

Eneyda will explain why massage is essential for pregnant and birthing women and show practical application. She will discuss the importance of healing touch as a preventative tool and safe remedy for the pregnant body.

E3 ► Using Herbs at the Birth

—Lisa Goldstein

Learn skills for preparing and formulating herbal medicines to treat common conditions of pregnancy, birth and postpartum. Lisa's vast knowledge of this subject is astounding. She presents in an easy to follow format, providing information you can readily use whatever your practice setting.



Yeshi Sherover Neumann

E4 ► Labor Complications: Prevention and Management

—Anne Frye, Michel Odent and Gail Hart

Set the stage for good births in prenatal care. Learn to identify your own risk criteria. Learn to look, listen, know and act to prevent problems. Develop ways to inform and educate your clients about complications. Review the midwife's role before, during and after transport. Learn how to handle specific complications as they arise.

4:00 pm–5:30 pm

General session

Communication Skills for With-Woman Care

—Yeshi Sherover Neumann

Yeshi has spent a lifetime studying how we communicate and miscommunicate and has pioneered ways to help us improve the most important skill for birth practitioners. Yeshi's classes are always creative and interactive. Come and learn about your communication style and learn what works and doesn't work in communication. Improve your practice and profession with clear communication.

5:30 pm 7:00 pm

Open to all registrants

International Issues—Jan Tritten, Marsden Wagner, Robbie Davis-Floyd, Naoli Vinaver and Mary Zwart

Brainstorm with us and your peers on how we can really effect changes in midwifery and childbirth on the global level. Learn about the midwifery and birth movements going on around the world and how you can help. Learn about international networking.

8:00 pm–9:00 pm

Open to all registrants

Sing Along—Maryl Smith and Jennifer Gallardo

9:00 pm–10:30 pm

Open to all registrants

Dance with Kudana

Sunday ♦ ♦ Day Three ♦ ♦ March 30

8:30 am–10:00 am

General session

Midwifery on Demand

—Is Mother-Assisted Birth a New Standard of Care?

—Cornelia Enning

Cornelia has been practicing having the mother catch her own baby, mostly in water, for over 25 years. Her insight and subtle understanding of birth, babies and women are outstanding. Breakthrough discoveries in birth psychology and newborn reflexes will be illustrated with amazing video sequences.

For longer, more in-depth coverage, attend Cornelia's post-conference workshop. Cornelia was a popular presenter in Philadelphia in 2002.

10:15 am–11:45 am Concurrent sessions F1 through F4

F1 ► Models of Midwifery Education and Practice: A global tour of what works and what doesn't—Robbie Davis-Floyd

Robbie has pioneered a study of midwifery education systems in Canada, the United States and Mexico as well as around the world. She has amassed a huge amount of data for helpful analysis of midwifery education. Learn how you can use global knowledge to create better programs for international networking.

9:00 am–5:00 pm

All-day class

F2 ► The Induction Epidemic—*Marsden Wagner and Gail Hart*
Induction has become rampant, with more and more women falling into the trap of an intervention that causes the cascade of intervention. Very dangerous methods, such as Cytotec, have also become epidemic. Let's open up this discussion and make some plans of action against this scourge.

F3 ► The Art and Science of the Placenta—*Patricia Edmonds*
Learn about the placenta, how it functions and what occurs after the baby is born. Pat has studied the beauty and function of this unique process, which has nourished each of us and creates the miracle of human life.

F4 ► Holistic Midwifery—*Anne Frye and Lisa Goldstein*
Plan to join Anne and Lisa as they provide an overview of what it means to be a holistic midwife. Discover the missing link in mainstream practice. Discover how to be holistic within every practice. Explore the psychological and emotional issues.

11:45 am–1:30 pm Brunch provided by Midwifery Today

1:30 pm–3:00 pm General session

Midwifery Care for a Woman's Whole Life

—*Elizabeth Davis*

With-woman care is instrumental to well being in the birthing year, but what are our needs at other times of life? We need caring people when we are children, in puberty, menopause and as we grow old and leave this life. We need it as students, as midwives and in our many other life roles. Come explore this important subject and learn to be a cradle-to-grave midwife or doula.

3:15 pm–4:45 pm General session

Honoring the Traditional Midwife in the Americas

—*Jan Tritten, Naoli Vinaver and Robbie Davis-Floyd*

Political systems around birth have grown hostile, technical and confusing. Join us in honoring the "woman with woman" care traditional midwives offer. We'll discuss cross-cultural exchange among midwives on many levels and issues generated by cultural differences. Educationally, creating more and stronger numbers of midwives and the exchange of ideas, stories and global bonds. You will also meet, via slides and story, some amazing midwives whose roots are thousands of years old.

4:45 pm–5:30 pm Closing general session

How Can You Provide With-Woman Care?—*Jan Tritten*

An interactive session where we will share our ideas on this, the essence of midwifery.

*Thank you, thank you, thank you
for organizing this chance to come
together, tell our stories, renew our
visions and create connections of
sisterhood to nourish us on this calling
to serve women, babies and families.*

Philadelphia 2002 Conference Attendee



Naoli Vinaver

G1 ► Herb Workshop—*Lisa Goldstein*

Join us for a full day of information about the use of herbs, homeopathics and other natural remedies in pregnancy, birth and postpartum. Participants will receive an extensive reference book. Slides will be shown for plant identification and there will be demos for making herbal tinctures, oils and salves and homeopathic solutions from pellets. Come and learn some new tips and uses for your favorites remedies. This class is for everyone. "Lisa gives more tips and remedies in this single class than most of us get in all of our schooling. This class is packed with information and remedies," says Jan Tritten.

9:00 am–5:00 pm

All-day class

G2 ► Intermediate Spanish for Midwives, Doulas and Childbirth Educators—*Naoli Vinaver*

Childbirth practitioners are finding it necessary to learn "birth" Spanish in order to effectively serve the entire population of their communities. Join Naoli in this continuation of Spanish for Midwives from her pre-conference class. A perfect class if you know some birth Spanish already. This class will be conducted partly in Spanish and participants will role-play practical midwifery situations in prenatal, birth and postpartum care.

9:00 am–5:00 pm

All-day class

G3 ► Midwifery on Demand

—**Mother-Assisted Birth**—*Cornelia Enning*

Let's make a change from the recent era of "programmed birth," when doctors believed in improving birth by speeding up labor and offering interventional medicinal pain relief. Mothers themselves should be associated with new ways of midwifery care. Mothers should have the know-how to birth naturally, and midwives should provide mothers with this know-how—just enough to facilitate, but not so much as to be overly directive. Mothers choose the amount of midwifery care they want. Cornelia's workshop will help you to strike a balance in this revolutionary care-providing role. Midwifery on Demand (MoD) keeps birth truly woman-centered, and this focus is sure to refresh your midwifery practice.

Make lifelong friends

at a

**Midwifery
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Conference!**



Venue Information

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Located just off I-5 at Beltline Road, DoubleTree puts you a short 15 minutes away from the Eugene airport, next to the Gateway Mall and close to enough areas of interest to please everyone from cultural devotees and nature lovers to sports fans and business professionals. Guests benefit from numerous amenities and services, including free parking and complimentary courtesy car to and from the airport. Enjoy sizzling steaks, seafood and pasta at the Grill or casual, all-day dining at the Coffee Garden. For nightly entertainment and dancing, stop by DoubleTree Lounge. Keep in shape at our health club, tennis courts, spa and pool. Registrants, who call the DoubleTree Hotel directly at (541) 726-8181 by **March 6, 2003**, will receive the discounted room rate. You must mention that you are participating in the Midwifery Today conference to receive the discounted room rate of \$74.00 for standard rooms.

Continuing Education Units

Pending approval, CEUs will be offered for ACNM, MEAC, ICEA and the Oregon Board of Naturopathic Examiners. CEU fees are indicated on the conference registration form.

Children at the Conference

Mothers may sit with babes in arms in the classrooms. However, out of respect for others, and because we are taping all of the classes, if a baby makes any noise, we must ask mother and baby to leave the room. Attendees must make their own arrangements for childcare.

Travel Information

Staying at the DoubleTree Hotel makes the most sense if you are traveling from outside the area, because conference days are long, and it's fun to relax with other participants at the end of the day. If you need other hotel information however, or other general information about the Eugene-Springfield area, contact the Eugene Chamber of Commerce at (541) 484-1314.

Directions to the DoubleTree Hotel

From the South, traveling North on I-5, take exit 195A, Springfield. Continue on to the signal light, turn right on Gateway Street, DoubleTree Hotel will be on the right side of the street.

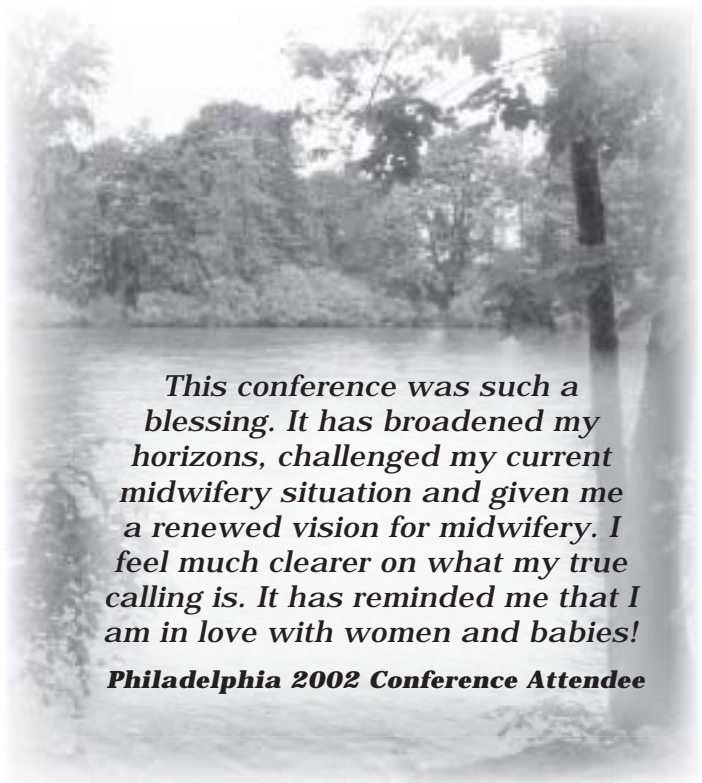
From the North, traveling South on I-5, take exit 195A, Springfield-Gateway Mall. Continue on to the signal light, turn right on Gateway Street, DoubleTree Hotel will be on the right side of the street. Complimentary parking available.

Advertising Opportunities

Take advantage of Midwifery Today's advertising opportunities:

- ✓ Be a sponsor of the conference!
- ✓ Advertise in a conference program.
- ✓ Rent a display table at the conference.
- ✓ Include your catalog or brochure in our registration packets.
- ✓ Advertise in Midwifery Today publications.
- ✓ Advertise in *Midwifery Today E-News*.

For more information, please contact Midwifery Today's Advertising Director by phone at (541) 344-7438.



This conference was such a blessing. It has broadened my horizons, challenged my current midwifery situation and given me a renewed vision for midwifery. I feel much clearer on what my true calling is. It has reminded me that I am in love with women and babies!

Philadelphia 2002 Conference Attendee

How to Save on Conference Prices

You can receive a discount of up to \$90 on your conference fees by registering early. You can receive an additional discount of up to \$75 by subscribing to *Midwifery Today*.

Full-time students who register for three or more days (pre-conference, conference or post-conference) qualify for a 30% discount on conference fees when they submit, with their registration, proof of full-time student status.

See the conference registration form that accompanies this program for complete details on conference pricing.

Questions???

If you have any questions regarding the conference, please contact Karen Navarro, the Conference Coordinator, at (541) 344-7438, or by e-mail at conference@midwiferytoday.com

The Willamette River flows through the heart of Eugene. Photo taken by Jennifer Rosenberg along one of Eugene's many footpaths.

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Speaker Bios for Eugene 2003

Jill Cohen has been a community midwife for 20 years in Eugene, Oregon. She has been with Midwifery Today for 14 years, where she is associate editor of *Midwifery Today* and senior editor of *The Birthkit*. She has a new baby boy named Arlo.

Elizabeth Davis, CPM, a renowned expert on women's issues, has been a midwife, women's health care specialist, educator and consultant for over 20 years. She is co-founder of the Midwifery Institute of California, a three-year, apprenticeship-based midwifery program. She holds a degree in Holistic Maternity Care from Antioch University. She is the author of the classic *Heart & Hands: A Midwife's Guide to Pregnancy and Birth* and several other books. Elizabeth lives in Sebastopol, California, and is the mother of three children.

Robbie Davis-Floyd, Ph.D., is a cultural anthropologist specializing in ritual, gender, and reproduction, she lectures nationally and internationally in these and related areas. She is author of *Birth as an American Rite of Passage* (1992), co-author of *From Doctor to Healer: The Transformative Journey* (1998), and co-editor of *Childbirth and Authoritative Knowledge: Cross-Cultural Perspectives* (1997), *Intuition: the Inside Story* (1997) and *Cyborg Babies: From Techno-Sex to Techno-Tots* (1998). She is currently studying the politics and knowledge systems of what she calls "postmodern midwifery."

Patricia Edmonds received her initial training from Northwestern School of Practical Midwifery, in Portland, Oregon in 1976. She is one of the founding mothers of the Oregon Midwifery Council and has been the editor of *Birthing* for 15 years. Her two children were both born at home. She is retired after 26 years as a midwife, turning her attention to teaching.

Cornelia Enning has been a licensed midwife since 1972. She received a BE in 1972 at University Berlin. She has been doing homebirths/waterbirths since 1975 and is the founder of German Parents Association "Waterbabies." She is the author of the quarterly *Wasserbaby Post News* and the author of several books about waterbirth at home and in hospitals. She is the Head of the German Federation of Aquapaedagogik and is a teacher for parents with water training for newborns. She is the mother of two adult children.

Anne Frye resides in Portland, Oregon where she devotes her full-time attention to writing and publishing textbooks for the midwifery community, among them *Understanding Diagnostic Tests in the Childbearing Year*, now in its 6th edition, *Healing Passage, A Midwife's Guide to the Care and Repair of the Tissues Involved in Birth*, in its 5th edition, *Quick Reference Cards for Newborns With Problems*, the *Suturing Techniques for Midwives* video, *Holistic Midwifery, A Comprehensive Textbook for Midwives in Homebirth Practice, Vol. I: Care During Pregnancy and Holistic Midwifery, Vol. II* (in progress), covering the care of the mother and baby during labor. She holds an independent study B. A. degree in Holistic Midwifery and has been a midwife for 23 years.

Jennifer Gallardo, CPM, LDM, is a midwife and the founder and director of the Andaluz Waterbirth Center in Portland, Oregon. She founded the original Andaluz Waterbirth Center in Guatemala in 1995. She was inspired to promote waterbirth as a result of her own experience with hospital birth. Jennifer trained as a midwife in Guatemala City, as well as through the Seattle Midwifery School Challenge and the North American Registry of Midwives exam. She currently lives in Oregon with her husband, Fernando, and their five children.

Lisa Goldstein, BFA, LM, RN, CPM, CNM, has been attending homebirths since 1958. Her three sons were born at home. She has lived in the western North Carolina mountains for 25 years and in 1983 became North Carolina's only legal non-nurse midwife. In 1998 she became a CNM and also received certification as a CPM through NARM. She attends births at home, the birth apartment and the hospital. She also makes and sells herbal and homeopathic remedies.

Gail Hart graduated from a midwifery training program as a Certified Professional Midwife in 1977. She was certified by the Oregon Midwives Council and licensed in 1995. She has a small midwifery practice. Gail is strongly interested in ways to holistically incorporate evidence-based medical knowledge with traditional midwifery understandings.

Lynn Hughes, Midwifery Education Program Director for Seattle Midwifery School, has directed the program since June 2001. She has been a midwife for over 10 years and has worked in a variety of settings, including Puget Sound Neighborhood Health Centers, a consortium of community health centers where she provided prenatal care, client education and coordinated maternity care services for a culturally diverse clientele. Her strong academic skills and interest in the scientific literature concerning birth also led her to work with the internationally-recognized author Penny Simkin, with whom she prepared the quarterly index to the current literature for the *Birth* journal and co-authored a pamphlet on obstetric tests and technology.

Polly Malby, CNM completed her midwifery education at the University of Mississippi Medical Center in 1981. She's practiced in a variety of settings including the Falkland Islands, Ohio, Oregon and California. Since 1991, she has taught and practiced at Oregon Health and Science University.

Michel Odent, MD, For several decades Michel Odent has been instrumental in influencing the history of childbirth and health research. As a practitioner he developed

the maternity unit at Pithiviers Hospital in France in the 1960s and '70s. He is familiarly known as the obstetrician who introduced the concept of birthing pools and home-like birthing rooms. His approach has been featured in eminent medical journals such as *Lancet* and in TV documentaries such as the BBC film *Birth Reborn*. With six midwives he was in charge of about one thousand births a year and could achieve ideal statistics with low rates of intervention. After his hospital career he practiced home birth. As a researcher he founded the Primal Health Research Center in London, England, which focuses upon the long term consequences of early experiences. An overview of the Primal Health Research data bank (www.birthworks.org/primalhealth) clearly indicates that health is shaped during the primal period (from conception until the first birthday). Author of approximately 50 scientific papers, Odent has 10 books published in 20 languages to his name. *The Scientification of Love* and *The Farmer and the Obstetrician* raise urgent questions about the future of our civilizations. He is also a contributing editor to *Midwifery Today* magazine and *Having a Baby Today*.

Holly Scholles, CPM, LDM, is the president of Birthingway College of Midwifery in Portland, Oregon. She has been a direct-entry midwife since 1978 and is completing her PhD in Biocultural Anthropology.

Yeshi Sherover Neumann, CNM, MPH, inspired by the homebirth of her first daughter in 1970, began practicing midwifery in a rural community six hours from the nearest hospital. She became a CNM in 1980, so that she could also provide midwifery care to women without the social, educational or financial resources to give birth at home. As a CNM, Yeshi has practiced in many settings—from high-risk obstetrics to working with traditional birth attendants in the mountains of Nicaragua. Currently she has created an innovative homestyle midwifery practice in the hospital. Yeshi has extensive training in counseling, hypnotherapy, meditation, yoga and Rosen Method Body work. Yeshi is the cofounder and Director of The Women's National Leadership Project and the Multicultural Alliance Project.

Maryl Smith, CPM, LM has had a home birth practice since 1984, and also attends births at a freestanding licensed Water Birth Facility. Maryl has been active in legislative work and has served the Oregon Midwifery Council over the years in several capacities. She periodically teaches at Birthingway College of Midwifery. Whenever possible, she sings for midwives and laboring mothers.

Eneyda Spradlin Ramos became interested in birth when she was nine after a midwife solved a prolonged second stage by simply having the mother blow into a bottle three times. Eneyda attended homebirths ten years ago in Okinawa, Japan and is now a third year student at Seattle Midwifery School. She has been a massage therapist for three years, has a BA in human relations, a pilot's license and homeschools her four children, the last two born at home. She was born in Nicaragua and is fluent in Spanish and English.

Marion Toepke McLean, CNM received her nursing degree from Pacific Lutheran College in 1966 and her midwifery degree from Frontier Nursing Service in 1974. She practiced in Eugene, Oregon doing homebirths. Since 1976 she has done home, clinic and hospital births. In 1980, she taught a year-long program for local midwives, while also returning to Frontier Nursing Service to teach during the summer. She had a homebirth practice until 1985, when she went to work at the Nurse-Midwifery Birthing Service, a freestanding birth center. Since July 1998, Marion has done vacation relief as a nurse-midwife and family nurse practitioner. She has worked in three Oregon hospitals and five different clinics. In June 2000, she completed a BA in International Studies at the University of Oregon with concentrated studies on Mexico. She is a contributing editor to *Midwifery Today*.

Jan Tritten is the founder and editor of *Midwifery Today* magazine and *The Birthkit* newsletter. She became a midwife 25 years ago after the wonderful homebirth of her own daughter. Her mission is to make loving midwifery care the norm for birthing women and their babies in this country and around the world.

Naoli Vinaver is a Mexican midwife who combines traditional birth practices with a profound interest and respect toward the physiology and nature of birth. Since 1990, she has attended both waterbirths and births in traditional styles and positions. Naoli has enjoyed three pregnancies and homebirths of her own in the company of her family. She is currently writing and illustrating a children's book on pregnancy and birth while continuing her homebirth practice in both rural and urban Veracruz State, Mexico.

Marsden Wagner, MD, is a neonatologist and perinatal epidemiologist from California and is an outspoken supporter of midwifery. He was responsible for maternal and child health in the European Regional Office of WHO for 14 years. Marsden travels all over the world to talk about appropriate uses of technology in birth and utilizing midwives for the best outcome. His book, *Pursuing the Birth Machine*, is a must for anyone involved in birth.

Mary Zwart is an independent midwife from The Netherlands. She trained to be a midwife at the Amsterdam Midwifery School and graduated in 1969. She received her nursing training at the Leiden Academic Hospital and graduated with honors in 1971. She was a tutor for midwifery at the University of Limburg in 1991. Mary has been practicing midwifery for 27 years and has attended approximately 4,000 births. She is currently a member of the board of the Royal Organization of Dutch Midwives. Her specialty is international midwifery affairs, social and workload problems of Dutch midwives.